

HPV-RELATED CANCERS AMONG WOMEN:

WHAT YOU NEED TO KNOW TO REDUCE YOUR RISK

IN WOMEN HPV CAUSES:

93% of anal cancers

91% of cervical cancers

75% of vaginal cancers

70% of throat cancers

69% of vulvar cancers

What is HPV?

Human papillomavirus (HPV) is the most common sexually transmitted infection (STI)

Some types of HPV cause **GENITAL WARTS**



Without the HPV vaccine, up to 75% of sexually active women will have **AT LEAST ONE** HPV infection in their lifetime

Most cases of HPV have **NO SYMPTOMS**, but the virus can still be passed to a partner



How Can I REDUCE My Risk?

Using a barrier (condom or dental dam) every time for oral, anal, or vaginal sex will **REDUCE** but **NOT ELIMINATE** your risk

Routine cervical screening using a **PAP TEST** is **NECESSARY** to find **CERVICAL CANCER** before symptoms develop

HPV VACCINE

Canada's National Advisory Committee on Immunization recommends all females aged **9-26 YEARS** get the HPV vaccine

Women over 26 years can **ALSO** benefit from the HPV vaccine

The HPV vaccine **PROTECTS YOU** against the most common types of HPV that cause cancer and genital warts

TALK to your doctor, pharmacist, or nurse about how to get the **HPV VACCINE**