

NEW SURVEY POWERED BY TROJAN™ REVEALS GEN-Z WOMEN ARE ENJOYING **SELF-PLEASURE MORE THAN MEN**

Findings suggest including masturbation in self-care routines can help increase personal pleasure and satisfaction

TROJAN™ is encouraging young men and women to incorporate a different type of self-care, or in this case, **self-love**, into their routine - **masturbation**. In celebration of International Self-Care Day on July 24, TROJAN™

Practicing **self-care** is an important part of our daily routine.

and the Sex Information and Education Council of Canada (SIECCAN) have released a new survey on **self-pleasure** and masturbation among Canadians between 18-24 years old.

of pleasure and satisfaction for women more than men.

According to the survey, masturbation is an important source



more likely to report masturbating

Men were almost

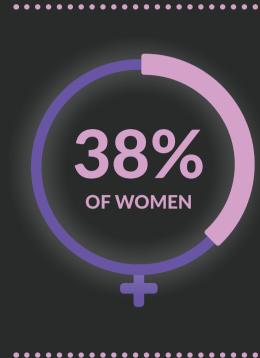
at least once a week than women



of women who masturbated more frequently reported

their last masturbation was very pleasurable compared to

of women who didn't masturbate as often

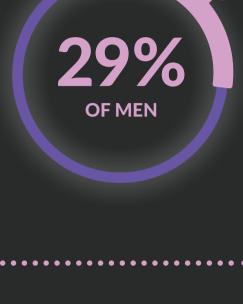


during masturbation compared to...

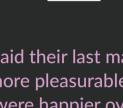
...experienced pleasure more often

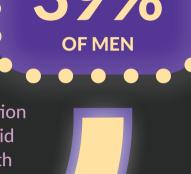
Masturbation contributes to healthy relationships

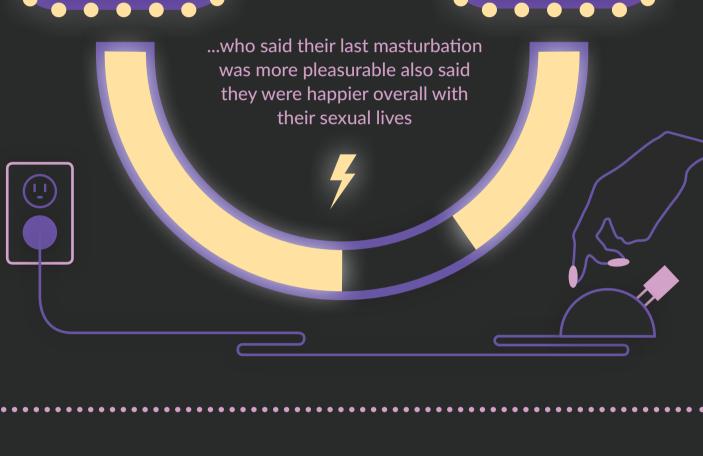
with partners and satisfying sex lives











Lubrication is a critical The use of vibrators can improve component of sexual

Vibrators and lubricants can help to enhance these experiences, while allowing you to explore yourself with confidence

Vibrators

sexual satisfaction

among women

of women used a vibrator to increase pleasure during their last masturbation

of these women said it was very pleasurable, compared to 35% of women who did not use a vibrator

46%

enhance intimacy and pleasure

satisfaction and can help

Lubricants



TROJAN™

Water and silicone-based lubricants are designed to enhance

intimacy and pleasure during masturbation and sex with a partner

TROJAN™ Lubricants are Free from Parabens, Fragrance and Dyes



Perfect for self-pleasure or partner play

Multi-speeds with various

pulse patterns

H2O SENSITIVE TOUCH

Infused with Aloe



TROJAN™

Arouses &



stimulator with extended reach to provide pleasure at the same time! Powerful vibrations last up to 20 minutes

TANDEM

Explore With Confidence and embrace self-pleasure by incorporating masturbation into your regular self-care routine

Self-pleasure through masturbation is an important aspect in self-care and self-love practice!



sieccan.org

was conducted by Leger Marketing.