

CORE PRINCIPLES OF COMPREHENSIVE SEXUAL HEALTH EDUCATION

Developed by SIECCAN, the following core principles should inform, and be respected, in the planning and teaching of sexual health education in Canada.

Comprehensive sexual health education:

1. Is accessible to all people inclusive of age, race, sex, gender identity, sexual orientation, STI status, geographic location, socio-economic status, cultural, or religious background, ability, or housing status.
2. Promotes human rights including autonomous decision-making and respect for the rights of others.
3. Is scientifically accurate and uses evidence-based teaching methods.
4. Is broadly-based in scope and depth and addresses a range of topics relevant to sexual health and well-being.
5. Is inclusive of the identities and lived experiences of 2SLGBTQINA+ people.
6. Promotes gender equality and the prevention of sexual and gender-based violence.
7. Incorporates a balanced approach to sexual health promotion that includes the positive aspects of sexuality and relationships, as well as the prevention of outcomes that can have a negative impact on sexual health and well-being.
8. Is responsive to and incorporates emerging issues related to sexual health and well-being.
9. Is provided by educators who have the knowledge and skills to deliver comprehensive sexual health education and who receive administrative support to undertake this work.